

## **Keiser Power Rack (Fitness Equipment)**

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https://www.county-marketplace.com/sporting-goods/keiser-power-rack-fitness-equipment gulf-shores 6475

**Gulf Shores** Address: 3500.00 \$ Price:

Factory Specs Listed Below. Bought new in 2011. Used for one on one training with supervision only. Like New. Does NOT come with compresser. Has Adjustable pull up handle attachments.

Bought New: \$6575.00

**POWER Rack** 

## Summary:

The POWER Rack works by incorporating pneumatic strength columns, which can be attached to the bar, allowing Keiser's patented air technology to be used solely, or in combination with, free weights. This allows for a wide spectrum of training, enhancing power and stability for the athlete. Athletes who have trained on the POWER Rack have seen overall strength gains, better speed, control and explosive power. The POWER Rack is a favorite unit for professional sports teams.



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