



Image 509v Total Home Gym and Free-Weight Set

Contact: Mark Scheierman

Email: junkmail@ccgfx.com

<https://co-montrose.countybuyselltrade.com/index.php?page=item&id=51977>

Address:

559 E. Miami Rd.

Price:

299.00 \$



Professional Quality Home Fitness System, Like New condition. Has 200 lbs weights for

exercises including:

Vertical Bench Press

Shoulder Press

Lat Pulldown

Leg Extension

Leg Curl

Mid Row

Upright Row

Low Row

Standing Bicept Curls

Thigh Kicks (front and rear)

Pec Deck

Rear Flies

Has all documentation and Workout Poster included.

Also includes 200 lbs. Iron 5-Piece Weight set, 45" Bench, 6'x6" Cross Bar, C



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>



Image 509v Total Home Gym and Free-Weight Set
Mark Scheierman
junkmail@ccgfx.com
<https://tinyurl.com/2agksqk2>