

4 Week Free Fitness Program

Contact: Jessica Hoffman

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Address:

Price: Free

Come try CG for the Summer with FREE unlimited workouts led by a Certified Personal Trainer for 4 weeks! No commitment, no contract, no credit card required! Try unlimited workouts virtually! If you like it; choose one of our awesome membership programs! Click link below to sign up! Camp starts June 28th!! https://linktr.ee/jesshoffman



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Program

Week















Week

Fitness

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Week

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Jessica Hoffman Week

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Week

Fitness

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