

Summer Fitness Challenge!

Contact: Mara Burdick

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> Address: **Frederick** 29.00\$ Price:

I'm looking for 10 people that want to feel healthy, strong, and confident going into summer! I'm a certified trainer with a special 5 week challenge for 10 people!

- ? No long-term commitment just 5 weeks unlimited virtual workouts with certified trainers
- ? Potential to earn an exclusive shirt when you 15 workouts in 5 weeks and 2 fit tests
- ? Special personal dashboard to track your progress
- ? You feel strong, confident, and healthy going into summer!
- ? Direct accountability and training from me, NASM certified personal trainer
- ? \$39 when you sign up online OR get \$10 off when you sign up https://bit.ly/cgwithMara



Challengel

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Fitness



Mara Burdick **Challengel** Summer

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Fitness



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