



# HealthRider Exercise Machine

Contact: Barbara Bright

Email: [rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)

[https://county-marketplace.com/health-fitness/healthrider-exercise-machine\\_ste-genevieve\\_158860](https://county-marketplace.com/health-fitness/healthrider-exercise-machine_ste-genevieve_158860)

Address:

18665 Lime Kiln Rd, Ste. Genevieve

Price:

75.00 \$

This exercise machine is for total body aerobic and cardio fitness. It's in excellent condition and usually sold for \$500.

Call or text: 573-883-3450

Product Description: This amazing strider machine works your entire body by targeting both lower and upper body muscles. Its wide rotating 2-position handlebars add to its versatility and will allow you to work even more muscle groups. The rowing handles which can be removed create an entirely different kind of workout for your shoulders and arms. Not only do you have a choice in upper body moves but there are two sets of pedals for even more range of motion. The exercise strider features an oversized adjustable seat. The smooth quiet linkage system on the Health Rider ensures a quiet workout. The LCD monitor keeps track of your reps so you can make sure that you are reaching your exercise goals. Features wide rotating 2-position handlebars. Target your lower and upper body. Removable rowing handles. Dual pedals. Over-sized adjustable seat. LCD monitor



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>



**HealthRider Machine Exercise**  
Barbara Bright  
[rigadandoo@yahoo.com](mailto:rigadandoo@yahoo.com)  
<https://tinyurl.com/yiqe74px>